



Summer Checklist

Students are out of school and while it is certainly a time to have fun and relax, there are still things that need to get done. By completing this checklist each week day, you show you can be responsible and when you demonstrate responsibility, you earn freedom.

Daily Responsibilities:

- Completing actives in Educational Workbook (20-30 minutes of work)
- Tidy bedroom
- Tidy shared spaces
- Put away clothes
- Play outside or exercise for 30 minutes
- Clean and/or put away dishes

Once you complete these responsibilities you can feel free to do the activities below.

Freedoms (including, but not limited to):

- Hangout with friends
- Play video games for ____ minutes/hours
- Craft
- Read
- Play or practice a sport
- Create a game
- Exercise
- Make friendship bracelets or beaded jewelry
- Create a stop-motion animation using toys
- Write and illustrate a short story or comic book
- Paint rocks and hide them around the neighborhood
- Backyard science experiments (like volcanoes or slime)
- Visit science centers or planetariums
- Read a summer book series and join a local reading challenge
- Build a Rube Goldberg machine
- Try coding games like Scratch or Tynker
- Explore apps like SkyView for stargazing
- Create a bug or leaf collection with identification
- Obstacle course or scavenger hunt in the backyard
- Bike rides on local trails
- Swimming or splash pad fun
- Water balloon fight

- Jump rope or hula hoop contests
- Mini-golf or disc golf
- Visit playgrounds in neighboring towns (“park hopping”)
- Learn to cook simple recipes (smoothies, pancakes, pasta)
- Start a small garden or herb pot
- DIY car wash (earn money or just for fun)
- Create a lemonade or snack stand
- Organize a closet or donate toys/clothes
- Make a scrapbook or memory journal
- Backyard camping night with tents and flashlights
- Make a movie with friends or siblings using a phone or tablet
- Build a giant cardboard fort or city
- Set up a board game tournament
- Listen to audiobooks or kid-friendly podcasts
- Do yoga or mindfulness with guided videos
- Puzzle building or Sudoku/word searches
- Quiet reading corner or hammock time
- Paint-by-number or diamond art crafts
- Stargazing with blankets and snacks
- Simple knitting or crochet projects
- Organize a photo album or digital slideshow
- Learn origami and create a display wall
- Track the moon’s phases for a month
- Create a weather journal and chart daily temps
- Use a microscope to study pond water or leaves
- Try coding a simple video game or animation
- Make a homemade sundial
- Learn Morse code and send messages using flashlights
- Build a mini catapult and test different projectiles
- Nerf gun obstacle course or target range
- Do a park clean-up and earn volunteer hours
- Start a “walk every street in our neighborhood” challenge
- Try geocaching (free GPS treasure hunting)
- Set up a mini-Olympics or field day
- Learn frisbee tricks or parkour basics
- Backyard badminton, pickleball, or spikeball
- Create your own scavenger hunt to swap with a friend
- Sew a pillow or patch a piece of clothing
- Create a weekly family “restaurant night” (child picks theme and helps cook)
- Build a savings goal and track earnings from chores
- Learn basic first aid or take a kid-friendly safety course
- Organize a garage sale with toys they no longer use
- Write and mail a letter to a family member or pen pal
- Learn basic photography with a phone or camera
- Research and present a “family ancestry” poster or slideshow



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- Make crafts: bracelets, paintings, signs, popsicle stick houses, photography challenge, etc.
- Have a beach day - sandcastles, tide pools, and a picnic
- Kids make dinner
- Water Slide
- Ice cream for dinner
- Celebrate "Yes Day" - within reason, say yes to all the kids' ideas
- Host a family talent show or karaoke night
- Have a waterpark or amusement park day
- Make matching tie-dye shirts
- Plan a "Christmas in July" party
- Pick a random holiday from another country to celebrate
- Do a sunrise pancake breakfast outdoors
- Create a summer playlist and have dance parties
- Recreate a family photo from years ago
- Visit a museum or science center
- Take a family art class or pottery painting day
- Write and perform a short play or puppet show
- Volunteer together at a local charity or event
- Library challenge - read X number of books as a family
- Learn a few words/phrases from another language
- Build a birdhouse or bug hotel
- Watch a documentary and discuss it over dinner
- Create a Rube Goldberg machine
- Try geocaching in your area
- Make homemade ice cream or popsicles
- Build a massive blanket fort and read inside
- Host a themed family dinner night (Hawaiian, Italian, Taco Tuesday, etc.)
- Create a time capsule to open in 5-10 years
- Try a new board game or card game together
- Family "Chopped" cooking challenge with surprise ingredients
- Have a no-tech day and find unplugged ways to play
- Have an all tech day with video games and movies that everyone participates in, together!
- DIY family movie night - make tickets, popcorn, and pick a classic
- Start a family summer scrapbook or photo journal
- Paint rocks and hide them around the neighborhood
- Go on a nature scavenger hunt at a local park or hiking trail
- Visit a local farmers' market and let each family member pick one item
- Backyard camping night with s'mores and flashlight stories
- Watch a sunset (or sunrise) together
- Bike ride through a new neighborhood or trail
- Water balloon or sponge fight on a hot day
- Mini road trip to a nearby landmark or small town
- Star gazing night - bring a blanket and a star chart app
- Attend an outdoor concert, movie, or fireworks show
- End the summer with a family awards night (silliest laugh, best chef, etc.)